



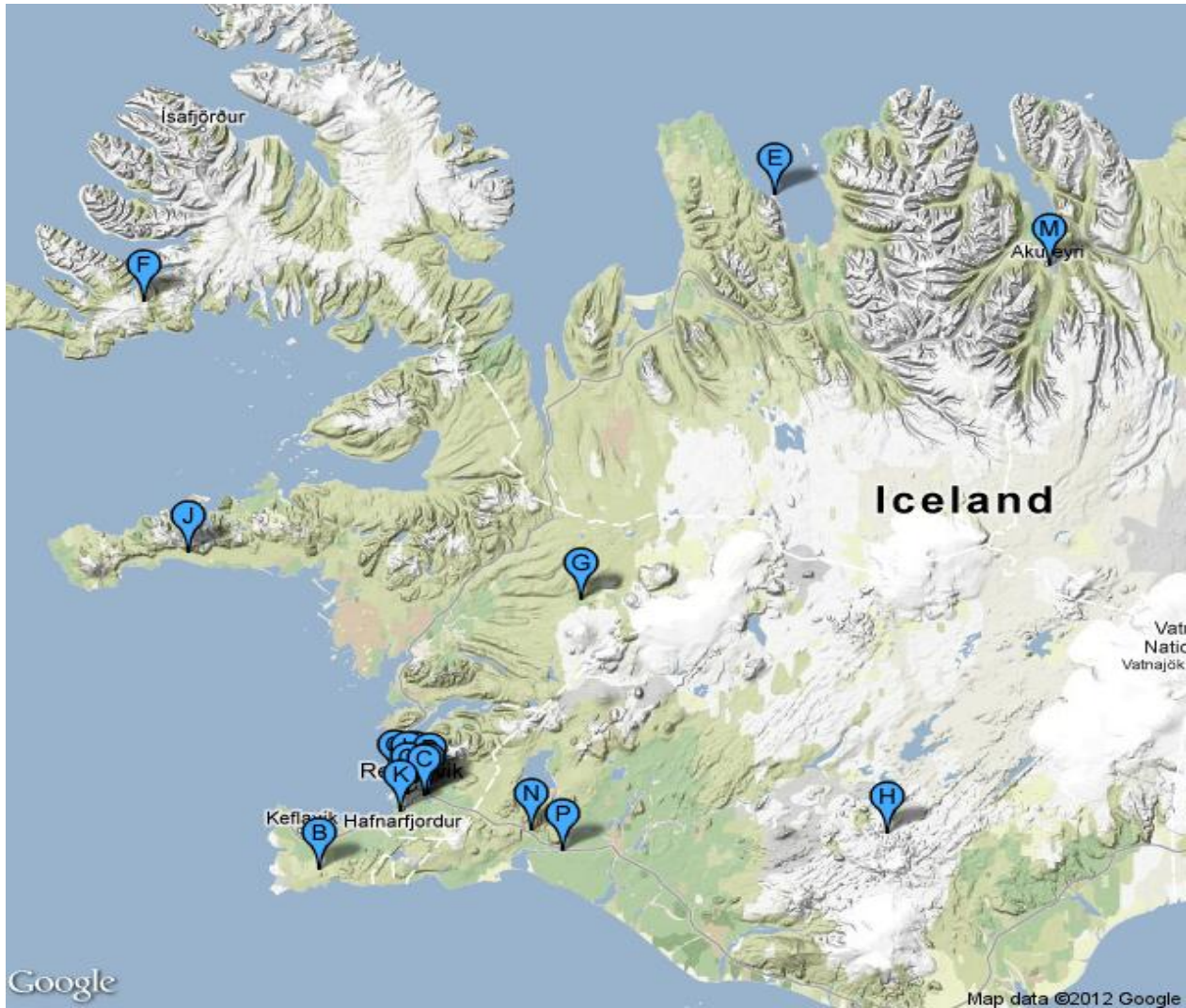
Your trip plan for Iceland

Swimming pools

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Overview map of trip



A. - Arbæjarlaug	B. - Blue Lagoon	C. - Breiðholtslaug	D. - Grafarvogslaug
E. - Grettislaug	F. - Hellulaug	G. - Húsafell	H. - Landmannalaugar
I. - Laugardalslaug	J. - Lýsuhóll	K. - Suðurbæjarlaug	L. - Sundhöllin
M. - Sundlaug Akureyrar	N. - Swimmingpool Laugaskarði	O. - Sundlaug Kópavogs	P. - Swimmingpool Selfoss
Q. - Sundlaug Seltjarnarnes			

A. Arbæjarlaug

GPS: (64.112204302, -21.79479)

Category: *Swimming pools*

Address: *Fylkisvegi 9, 110 Reykjavík.*

Tel. 411 5200



Arbæjarlaug

Nice indoor and outdoor swimming pool in Arbær.

B. Blue Lagoon

GPS: (63.88007, -22.45034)

Category: *Hot Natural Pools, Restaurants, Family Children*

Address: *Svartsengi , 240 Grindavík.*

Tel. 420 8800 **Web.** <http://www.bluelagoon.is/>



Blue Lagoon

The Blue Lagoon geothermal spa is probably the Nr. 1 attraction in Iceland. The lagoon consists of geothermal seawater from deep below the surface. On the premises, a restaurant and a bar can be found.

C. Breiðholtslaug

GPS: (64.1042773, -21.819148)

Category: *Swimming pools*

Address: *Austurbergi 3, 111 Reykjavík.*

Tel. 557 5547 **Web.** http://reykjavik.is/desktopdefault.aspx/tabid-3697/6079_view-1543/



Breiðholtslaug

Swimming pool in Breiðholt, Reykjavík.

D. Grafarvogslaug

GPS: (64.138302, -21.78661)

Category: *Swimming pools*

Address: *Dalhúsum 2, 112 Reykjavík.*

Tel. 510 4601



Grafarvogslaug

Swimming pool in Grafarvogur in Reykjavík.

E. Grettislaug

GPS: (65.882217, -19.73638)

Category: Hot Natural Pools



Grettislaug

A famous natural hot natural pool named after the famous Grettir in Grettir's Saga.

F. Hellulaug

GPS: (65.57715, -23.49285)

Category: Hot Natural Pools



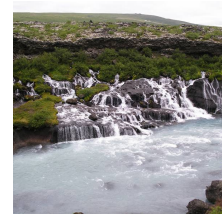
Hellulaug

This hot natural pool is called Hellulaug and is situated a few minutes from Hotel Flokalundur in the southern part of the Westfjords. The pool is right along the shoreline with an amazing view towards the sea, a perfect settings for an relaxing evening, both during summer and winter.

G. Húsafell

GPS: (64.7, -20.883)

Category: Swimming pools, Camping



Húsafell

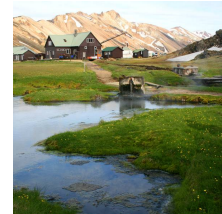
Camping, swimming pool etc. Popular attraction for locals and tourists.

H. Landmannalaugar

GPS: (63.992, -19.062)

Category: Hot Natural Pools, Points of Interest, Hiking, Camping, Free attraction

Web: <http://www.landmannalaugar.info>



Landmannalaugar

Famous highland area in Iceland. Hot springs, colourful mountains and hiking routes. Only accessible in summertime via 4x4 vehicles. Camping: 800ISK per person. Cabin space: 2.200ISK per person (reservation required)

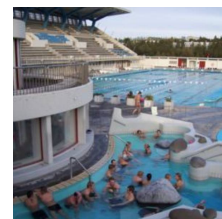
I. Laugardalslaug

GPS: (64.146079, -21.879272)

Category: Swimming pools

Address: Sundlaugavegi 30, 105 Reykjavík.

Tel. 411 5100



Laugardalslaug

The best known swimming pool in Iceland and the biggest one.

J. Lýsuhóll

GPS: (64.8401, -23.22239)

Category: Hot Natural Pools

Tel. +354 435 671 Web. <http://www.lysuholl.is>



Lýsuhóll

Geothermal mineral bathing at Lýsuhóll.

K. Suðurbæjarlaug

GPS: (64.0601691, -21.96227)

Category: Swimming pools

Address: Hringbraut 77, 220 Hafnarfjörður.

Tel. 565 3080



Suðurbæjarlaug

The best known swimming pool in Hafnarfjörður.

L. Sundhöllin

GPS: (64.141812, -21.920535)

Category: Swimming pools

Address: Barónsstíg 45a, 101 Reykjavík.

Tel. 411 5350



Sundhöllin

Indoor swimming pool in the heart of the city.

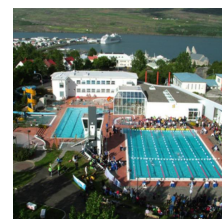
M. Sundlaug Akureyrar

GPS: (65.6793, -18.0987)

Category: Swimming pools

Address: Þingvallastræti 21, 600 Akureyri.

Tel. 461-4455



Sundlaug Akureyrar

Nice swimming pool with excellent facilities. Admission for adults 450 ISK.

N. Swimmingpool Laugaskarði

GPS: (64.002026, -21.179752)

Category: Swimming pools

Address: Laugaskarði, 810 Hveragerði.

Tel. 483 4113



Swimmingpool Laugaskarði

Swimmingpool in Hveragerði.

O. Sundlaug Kópavogs

GPS: (64.110583, -21.916522)

Category: Swimming pools

Web. <http://sund.kopavogur.is/>



Sundlaug Kópavogs

Open daily from 06:30-22:30. Weekends from 08.00-20:00

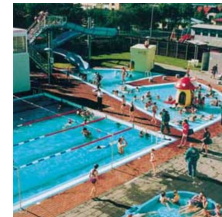
P. Swimmingpool Selfoss

GPS: (63.935864, -20.99774)

Category: Swimming pools

Address: Bankavegi, 800 Selfossi.

Tel. 480 1960



Swimmingpool Selfoss

The swimmingpool in Selfoss.

Q. Sundlaug Seltjarnarnes

GPS: (64.150467, -21.99192)

Category: Swimming pools

Address: Suðurströnd 8, 170 Seltjarnarnesi.



Sundlaug Seltjarnarnes

Swimming pool in Reykjavik.

Practical info

Country size: 103.000 sq km.

Language: Icelandic

Population: 320.000

Money: Icelandic krona (ISK)

Weather: Unpredictable

The weather in Iceland is completely unpredictable and can change very quickly. Also have warm clothes with you no matter how good the forecast is.

Alcohol: Only sold in State Alcohol store (ATVR), not in supermarkets. Alcohol quite expensive at bars.

Travellers Reporting Service



ICE SAR runs what is known as the Travellers reporting service where people wandering into the highlands and wilderness can register and be safe in the knowledge that if they don't report to us at a given time they will be searched for. How does it work? You stop by at our office at Skógarhlíð 14, 105 Reykjavík, meet one of our staff from the SAR department and he will assist you. You leave your itinerary and we go through it together. Finally we decide when you are going to report to us that you have finished the trip and are back safe. If you fail to report we will start investigation and eventually launch a search for you. PLB's As a part of the reporting service we rent out McMurdo FastFind personal locator beacons that can be used to send out distress signal with your location on 406 mhz through the Cospas Sarsat system. The price for renting the beacons is 5 Euros pr. 24 hours or 25 Euros pr. week

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