



Your trip plan for Iceland
Hot Natural Pools

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Overview map of trip



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1. Blue Lagoon

GPS: (63.88007, -22.45034)

Category: Hot Natural Pools, Restaurants, Family Children

Address: Svartsengi , 240 Grindavík.

Tel. 420 8800 **Web.** <http://www.bluelagoon.is/>



Blue Lagoon

The Blue Lagoon geothermal spa is probably the Nr. 1 attraction in Iceland. The lagoon consists of geothermal seawater from deep below the surface. On the premises, a restaurant and a bar can be found.

2. Grettislaug

GPS: (65.882217, -19.73638)

Category: Hot Natural Pools



Grettislaug

A famous natural hot natural pool named after the famous Grettir in Grettir's Saga.

3. Hellulaug

GPS: (65.57715, -23.49285)

Category: Hot Natural Pools



Hellulaug

This hot natural pool is called Hellulaug and is situated a few minutes from Hotel Flokalundur in the southern part of the Westfjords. The pool is right along the shoreline with an amazing view towards the sea, a perfect settings for an relaxing evening, both during summer and winter.

4. Landmannalaugar

GPS: (63.992, -19.062)

Category: Hot Natural Pools, Points of Interest, Hiking, Camping, Free attraction

Web. <http://www.landmannalaugar.info>



Landmannalaugar

Famous highland area in Iceland. Hot springs, colourful mountains and hiking routes. Only accessible in summertime via 4x4 vehicles. Camping: 800ISK per person. Cabin space: 2.200ISK per person (reservation required)

5. Lýsuhóll

GPS: (64.8401, -23.22239)

Category: Hot Natural Pools

Tel. +354 435 671 **Web.** <http://www.lysuholl.is>



Lýsuhóll

Geothermal mineral bathing at Lýsuhóll.

Practical info

Country size: 103.000 sq km.

Language: Icelandic

Population: 320.000

Money: Icelandic krona (ISK)

Weather: Unpredictable

The weather in Iceland is completely unpredictable and can change very quickly. Also have warm clothes with you no matter how good the forecast is.

Alcohol: Only sold in State Alcohol store (ATVR), not in supermarkets. Alcohol quite expensive at bars.

Travellers Reporting Service



ICE SAR runs what is known as the Travellers reporting service where people wandering into the highlands and wilderness can register and be safe in the knowledge that if they don't report to us at a given time they will be searched for. How does it work? You stop by at our office at Skógarhlíð 14, 105 Reykjavík, meet one of our staff from the SAR department and he will assist you. You leave your itinerary and we go through it together. Finally we decide when you are going to report to us that you have finished the trip and are back safe. If you fail to report we will start investigation and eventually launch a search for you. PLB's As a part of the reporting service we rent out McMurdo FastFind personal locator beacons that can be used to send out distress signal with your location on 406 mhz through the Cospas Sarsat system. The price for renting the beacons is 5 Euros pr. 24 hours or 25 Euros pr. week

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